




DINING HALL MENU


Week 1

Day	Breakfast	Lunch	Supper
Mon	Scrambled Eggs Whole Wheat Toast Shredded Hash Browns* Fresh Fruit Assorted Cereal Assorted Juice Assorted Milk Choice	Chicken Sandwich on a Bun Pinto Beans Steamed Broccoli Florets Diced Peaches Fresh Fruit Assorted Milk Choice Grilled Chicken Pasta Salad*	Turkey Cheese & Bacon Sub* Corn on the Cob Minestrone Soup Fresh Fruit Grilled Cheese Sandwich
Tues	Belgian Waffles Whole Wheat Toast Fresh Fruit Assorted Cereal Assorted Juice Assorted Milk Choice	Spaghetti with Meatballs* WG Garlic Breadstick Italian Vegetables Garden Salad with Dressing Cinnamon Applesauce* Fresh Fruit Assorted Milk Choice Cheese Dippers w/ Marinara Sauce*	Broccoli & Chicken Alfredo w/ Fresh Baked Roll* Seasoned Squash* Cucumber & Tomato Salad Fruit Cup Chocolate Chip Cookie Ham & Cheese Sandwich
Wed	Egg & Cheese Biscuit Cinnamon Whole Wheat Toast* Fresh Fruit Assorted Cereal Assorted Juice Assorted Milk Choice	Baked Pork Chop w/ Corn Muffin* Boiled Potatoes* Glazed Carrots* Fruit Cup* & Fresh Fruit Assorted Milk Choice PB&J Box Lunch*	Sloppy Joe Sandwich Seasoned Green Peas* Potato Wedges Pineapple Tidbits Oreo Brownie Wedge* Tuna Melt
Thurs	French Toast Sticks Whole Wheat Toast Fresh Fruit Assorted Cereal Assorted Juice Assorted Milk Choice	Mandarin Orange Chicken w/ Fortune Cookie* Steamed Rice Steamed Cabbage* Sautéed Zucchini* Diced Pears & Fresh Fruit Assorted Milk Choice Pork Egg Roll	Chicken Tenders w/ Honey Mustard French Fries Broccoli w/ Cheese Sauce* Assorted Fresh Fruit* POPSLICLES Ham & Cheese on Bun w/ Lettuce & Tomato*
Fri	Chicken Biscuit Cinnamon Whole Wheat Toast* Fresh Fruit Assorted Cereal Assorted Juice Assorted Milk Choice	Cheese Pizza Buttered Corn Veggie Cup with Dressing* Fruit Cup Fresh Fruit Assorted Milk Choice Turkey & Cheese Box Lunch*	Have a Great Weekend! 



DINING HALL MENU


Week 2

Day	Breakfast	Lunch	Supper
Mon	Sausage Pancake on a Stick Whole Wheat Toast Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Baked Fried Chicken Whole Grain Roll Glazed Sweet Potatoes Spinach Diced Pears Fresh Fruit Assorted Milk Choice Ham & Cheese Box Lunch*	Hamburger w/ Gravy & Roll* Mashed Potatoes Zucchini & Squash Fresh Fruit Peach Cobbler* PB&J Sandwich
Tues	Scrambled Eggs Cinnamon Toast Assorted Cereal Assorted Juice & Fruit Assorted Milk	Chicken Stir Fry w/ Fortune Cookie Fried Brown Rice* Broccoli Florets Steamed Carrots* Mandarin Oranges Fresh Fruit Assorted Milk Choice Egg Salad Sandwich*	Cheeseburger w/ Lettuce, Tomato & Pickle* Potato Tots Green Peas Fresh Pears Oatmeal Raisin Cookie Corndogs
Wed	Yogurt Parfait Cup Whole Wheat Toast Assorted Cereal Assorted Juice & Fruit Assorted Milk choice	BBQ Pork with Hushpuppies Baked Beans Coleslaw Fruit Cocktail Fresh Fruit Assorted Milk Choice Tuna Chef Salad*	Chicken Taco Salad Bowl* w/Sour Cream & Salsa Brown Rice Black Beans Mexi Corn Strawberry Applesauce Churro Quesadilla
Thurs	Ham & Cheese Croissant* Cinnamon Whole Wheat Toast* Assorted Cereal Assorted Juice & Fruit Assorted Milk choice	Chicken Nuggets Whole Grain Roll Green Beans Seasoned Potato Wedges Diced Peaches Fresh Fruit Assorted Milk Choice Turkey & Cheese Box Lunch*	Fried Pork Chop* Fresh Baked Roll* Mashed Potatoes w/ Gravy Turnips Stewed Apples* Cheese Dippers
Fri	Cinnamon Brown Sugar Oatmeal Sausage Links Whole Wheat Toast Assorted Cereal Assorted Juice & Fruit Assorted Milk choice	Grilled Cheese Sandwich Tomato Soup Buttered Corn Pineapple Tidbits Fresh Fruit Assorted Milk Choice Fish Filet Sandwich	Have a Great Weekend! 



DINING HALL MENU


Week 3

Day	Breakfast	Lunch	Supper
Mon	Sausage, Egg & Cheese English Muffin Cinnamon Whole Wheat Toast* Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Chicken Tenders Whole Grain Roll Green Beans Glazed Carrots Fruit Cocktail Cup Fresh Fruit Assorted Milk Choice Turkey & Cheese Box Lunch*	Bean Chili Tortilla Chips Seasoned Squash Garden Salad Peaches PB&J Sandwich
Tues	Blueberry Mini Pancakes* Whole Wheat Toast Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Lasagna w/ Garlic Bread Stick Italian Vegetables Garden Salad Diced Peaches Fresh Fruit Assorted Milk Choice Chicken Salad Sandwich	Chicken Supreme Pizza Buttered Corn Carrot Raisin Salad Pears & Fresh Fruit Cold Cut Sub w/ Chips
Wed	Chicken Biscuit Cinnamon Whole Wheat Toast* Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Cheeseburger With Pickles, Tomato, Lettuce Baked Beans French Fries Diced Pears Fresh Fruit Assorted Milk Choice Crispy Chicken Chef Salad	Fish Nuggets w/ Hush Puppies Hash Browns Green Beans Applesauce Cookies Turkey & Cheese Sandwich
Thurs	Bagel with Cream Cheese Whole Wheat Toast Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Chicken Alfredo Whole Grain Breadstick Steamed Broccoli Buttered Corn Pineapple Tidbits Fresh Fruit Assorted Milk Choice PB& J Box Lunch*	Chili Dog on a Bun Potato Wedges Cole Slaw Grape Cups Popsicles Grilled Cheese
Fri	Grits Sausage Links Toasted English Muffin Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Pepperoni Pizza Baby Carrots Cucumber & Tomato Salad Strawberry Applesauce Fresh Fruit Assorted Milk Choice Creamy Bacon Cheddar Pasta	Have a Great Weekend! 

Week 4



DINING HALL MENU

Day	Breakfast	Lunch	Supper
Mon	Sausage Biscuit Cinnamon Whole Wheat Toast* Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Cheese Ravioli with Sauce Garlic Breadstick Garden Salad with Dressing Italian Vegetable Blend Pineapple Tidbits Fresh Fruit Assorted Milk Choice Meatball Sub	BBQ Pork Sandwich Coleslaw Baked Beans Cinnamon Applesauce Ice Cream Cup Fish Filet Sandwich
Tues	Yogurt Parfait Cup* Whole Wheat Toast Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Macaroni & Cheese Sliced Ham Whole Grain Roll Steamed Broccoli Florets Sweet Potato Yams Fruit Cup & Fresh Fruit Assorted Milk Choice Chicken Salad Sandwich	Chicken Wings w/ Ranch Dressing Boiled Potatoes Squash Casserole Peaches PB&J Sandwich
Wed	Scrambled Eggs Cinnamon Whole Wheat Toast* Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Beef Nachos With Lettuce, Cheese, & Salsa Mexi Corn Spicy Black Beans Diced Pears & Fresh Fruit Assorted Milk Choice Chicken Quesadilla	BBQ Chicken Sandwich Cheesy Scalloped Potatoes Broccoli Cup w/ Ranch Fruit Cup Ham & Cheese Sandwich
Thurs	Sausage Pancake on a Stick Whole Wheat Toast Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Oven Fried Chicken Whole Wheat Roll Mashed Potatoes & Gravy Green Beans Diced Peaches Fresh Fruit Assorted Milk Choice Grilled Chicken Chef Salad	Bacon Cheeseburger w/ Lettuce & Tomato Broccoli w/ Cheese Sauce Corn Applesauce Pudding Cup Turkey Melt
Fri	Bacon & Cheese Biscuit* Whole Wheat Toast Assorted Cereal Assorted Juice & Fruit Assorted Milk Choice	Grilled Cheese Sandwich Minestrone Soup Baby Carrots w/ Dressing Mandarin Oranges Fresh Fruit Assorted Milk Choice Hot Dog on a Bun	Have a Great Weekend! 

*=New Menu Item



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